



Dr. Sandra Upton

(she/her/hers)

As Founder and Chief DEI Strategist with Upton Consulting Group (UCG), Dr. Upton brings 25+ years of DEI experience consulting, coaching and training with businesses, educational institutions, governmental agencies and non-profits to this work. Prior to launching UCG, Dr. Upton was Vice President, Global Diversity Practice with the Cultural Intelligence Center and was responsible for providing strategic leadership and expertise on diversity, equity, and inclusion (DEI) matters for hundreds of clients across the globe. She led organization's response to the growing demand from global and Fortune 500 companies to Ivy-League universities. She is also a subject matter expert in unconscious bias training.

She is a frequent speaker and consults with numerous businesses and institutions on how to effectively integrate DEI strategies into business and educational settings. As a well-known subject matter expert, she has written numerous blogs and has been featured in several articles and podcasts. She travels frequently and has consulted with organizations, educational institutions and schools and facilitated keynotes and trainings across the US and in numerous countries around the world. such as Brazil, China, Australia, New Zealand, Indonesia, Israel, Singapore, South Africa and several countries throughout Europe.

She and her husband Robert are the proud parents of two adult children, Alexis and Devin.

